

## **Diabetes Prevention Program**

### **Key Literature**

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#### **Finnish Diabetes Prevention Study**

1. Tuomilehto J, Lindström J, Eriksson JG, et al. Prevention of type 2 diabetes mellitus by changes in lifestyle among subjects with impaired glucose tolerance. *NEJM* 344 (2001) 1343–1350.

#### **US National Institutes of Health Diabetes Prevention Program (DPP) and Diabetes Prevention Program Outcomes Study (DPPOS)**

1. Knowler WC, Barrett-Connor E, Fowler SE, et al. Reduction in the incidence of type 2 diabetes with lifestyle intervention or metformin. *NEJM* 2002;346:393–403.
2. Diabetes Prevention Program Research Group, Knowler WC, Fowler SE, Hamman RF, et al. 10-Year follow-up of diabetes incidence and weight loss in the Diabetes Prevention Program Outcomes Study. *Lancet* 2009;374:1677–1686.
3. Article summarizing the ADA 74<sup>th</sup> Scientific Sessions oral presentation. American Diabetes Association: Nathan DM, et al "Results from the Diabetes Prevention Program Outcomes Study: 1996-2013" ADA 2014.